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Fill-er Up – It’s Never Lasting

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We are always in the processing *of getting stuff*. That’s not only true for the fun and recreational stuff, but it’s also true for the stuff that meets our most fundamental needs. There’s a constant replenishment where we always have to refill and restock and replace the most basic essentials necessary for life and living. This world seems to meet our needs only with great effort, and it can only meet them in the most temporary sort of way. More than that, to meet those needs we must expend massive amounts of time and energy which often leaves little if any time to enjoy them. We can ‘fill-er up,’ but it’s never lasting.

What percentage of time do I use to simply obtain the resources that I need?

0 10 20 30 40 50 60 70 80 90 100

Percent of Time Obtaining Resources

What percentage of time do I have left over to actually enjoy what I’ve obtained?

0 10 20 30 40 50 60 70 80 90 100

Percent of Time I Enjoy What I’ve Obtained

How satisfied am I with life?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

How satisfied am I with the amount of work that it takes to simply live life?

0 1 2 3 4 5 6 7 8 9 10

Not Fairly Very

1. What three conclusions can I draw from what I see on the graphs above?
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   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. What would meet my needs in a more permanent and consistent manner?
3. Do I possibly need to re-evaluate my spiritual belief system, and if so, how do I think I should go about that?